



**Telecare Cambridge Distress Centre**  
Box 32074  
Cambridge ON N3H 5C6

**Office:** 519.658.2794  
[www.telecarecambridge.com](http://www.telecarecambridge.com)

## **Board Member**

**Our mission is to provide active listening and emotional support so individuals in the community do not have to suffer in silence.**

We require **Board Members** on our **Board of Directors** to ensure that Telecare Cambridge can continue to provide our service to the community.

### **Duties & Responsibilities**

- ▶ Regularly attends board meetings and other important related meetings
- ▶ Participates actively on the matters in front of the board – e.g. Strategic Planning, fundraising events and more
- ▶ Stay informed about board matters and prepares for board meetings
- ▶ Actively participates in the Annual General Meeting, as well as annual evaluation and planning efforts

### **Training**

- ▶ One half day orientation to Telecare Cambridge to obtain an understanding of our service and operations

### **Qualifications**

- ▶ Good interpersonal and communication skills
- ▶ Able to work in a team and independently – self starter

### **Term of Assignment**

- ▶ One year term with opportunity to continue for a maximum of no more than 5 years consecutively in this role  
*(there is an opportunity to rotate into other board positions)*
- ▶ Attend regular monthly board meetings (*2 hours per meeting*) and other board related events or functions

### **Benefits**

- ▶ Directors insurance
- ▶ Continual opportunities for learning through Telecare Cambridge and association partnerships
- ▶ Volunteer appreciation functions – social potlucks, awards and community recognition
- ▶ Opportunities move into other positions within Telecare Cambridge
- ▶ Reference provided at end of term
- ▶ Opportunity to partake in revitalizing an organization through strategic planning

### **How to apply**

Visit our website at [www.telecarecambridge.com](http://www.telecarecambridge.com) and go to the volunteer link then click on the on line application or fill out the PDF form and mail it in to:

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